



66 Baldwin Street, Suite 200  
Brooklin, ON  
L1M-1A3  
(905) 425 7000

**PATIENT INFORMATION**

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

AGE: \_\_\_\_\_ D.O.B \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ POSTAL CODE \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK\CELL PHONE: \_\_\_\_\_

MAY WE LEAVE YOU A MESSAGE? IF SO, WHERE? Home / Work / Cell / None

EMAIL: \_\_\_\_\_

SEX: M / F MARTIAL STATUS: SINGLE / MARRIED / DIVORCED / WIDOWED /SEPARATED

OCCUPATION: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_

SPOUSE'S NAME: \_\_\_\_\_ OCCUPATION: \_\_\_\_\_

DO YOU HAVE CHILDREN? YES / NO IF YES, WHAT AGE(S)? \_\_\_\_\_

FAMILY PHYSICIAN: \_\_\_\_\_ CITY: \_\_\_\_\_ PHONE: \_\_\_\_\_

REFERRALS ARE OUR HIGHEST COMPLIMENT. PLEASE SHARE HOW YOU HEARD AOUT US?

\_\_\_ Flyer      \_\_\_ One of your patients (who? \_\_\_\_\_)

\_\_\_ Newspaper      \_\_\_ Referral from doctor (which doctor? \_\_\_\_\_)

\_\_\_ Website      \_\_\_ Facebook

\_\_\_ Sign      \_\_\_ Yellow Pages

\_\_\_ Other (Please explain: \_\_\_\_\_)

**PATIENT CONDITION**

REASONS/COMPLAINTS FOR SEEKING CHIROPRACTIC/MASSAGE/LASER CARE:

PRIMARY REASON: \_\_\_\_\_

OTHER REASONS: \_\_\_\_\_

HAVE YOU BEEN TO A CHIROPRACTOR BEFORE? Yes / No Who? \_\_\_\_\_

CITY? \_\_\_\_\_ DATE OF LAST VISIT? \_\_\_\_\_

FOR WHAT COMPLAINT(S)? \_\_\_\_\_

COMPLAINT RESOLVED? Yes / No / Somewhat

HAVE YOU HAD XRAYS TAKEN IN THE PAST 5 YEARS? YES / NO IF SO, WHAT AREA(S)?

\_\_\_\_\_

HAVE YOU BEEN TO ANY OTHER HEALTHCARE PRACTITIONER FOR YOUR CURRENT COMPLAINT?

YES / NO WHO? \_\_\_\_\_ PROFESSION? \_\_\_\_\_

WHEN DID THIS CONDITION BEGIN? \_\_\_\_\_ OCCURRED BEFORE? Yes / No

WHAT AGGRAVATES YOUR CONDITION(S)?

- Sitting  Walking
- Standing  Sleeping
- Bending  Weather
- Lifting  Other (Please explain: \_\_\_\_\_)

WHAT RELIEVES YOUR CONDITION(S)?

- Ice  Bed Rest
- Heat  Walking
- Massage  Medications (Which? \_\_\_\_\_)
- Stretches & exercise  Other (Please explain: \_\_\_\_\_)

IS IT GETTING: Better / Worse / Constant / Comes and goes

IS THE PAIN: Sharp  Shooting  Dull  Burning  Numb  Throbbing  Tingling  Stiff  Aching   
Other (Please explain: \_\_\_\_\_)

ON A SCALE OF 1-10 PLEASE CIRCLE THE SEVERITY OF YOUR PAIN:

No Pain < 0 1 2 3 4 5 6 7 8 9 10 > Severe Pain

**HEALTH INFORMATION**

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

BLOOD PRESSURE (High or Low?) \_\_\_\_\_

DO YOU CURRENTLY SUFFER FROM ANY DIAGNOSED MEDICAL CONDITIONS? Yes / No

ARE YOU CURRENTLY ON ANY MEDICATIONS? Yes / No IF YES, WHICH ONE(S)?

\_\_\_\_\_

ARE YOU CURRENTLY PREGNANT? Yes / No IF YES DUE DATE

: \_\_\_\_\_

ARE YOU A SMOKER? Yes / No HOW MANY YEARS? \_\_\_\_\_ # OF CIGARETTES/DAY?

\_\_\_\_\_

DO YOU CONSUME ALCOHOL? Yes / No # OF DRINKS PER WEEK? \_\_\_\_\_

DO YOU CONSUME ANY OTHER SUBSTANCES? IF YES, WHICH?

\_\_\_\_\_

HAVE YOU HAD ANY SURGERY? IF YES, WHAT KIND AND WHEN?

\_\_\_\_\_

DO YOU HAVE ANY HARDWARE (PINS/PLATES/SCREWS)? Yes / No

IF SO, WHERE?

\_\_\_\_\_

\_\_\_\_\_

PLEASE LIST ALL MEDICAL CONDITIONS THAT APPEAR IN YOUR FAMILY HISTORY AND IN WHOM:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PLEASE CHECKMARK CONDITIONS THAT YOU HAVE/HAVE HAD**

**Musculoskeletal**

- Low back pain
- Pain between shoulders
- Neck pain
- Headaches
- Arm pain
- Leg pain
- Joint pain/stiffness
- Swelling
- Jaw pain/clicking
- Arthritis
- Osteoporosis

**Nervous system**

- Numbness in arm/hand
- Numbness in leg/foot
- Paralysis
- Dizziness
- Forgetfulness
- Anxiety
- Depression
- Fainting
- Convulsions
- Epilepsy

**Male / Female  
Reproductive**

- Prostate problems
- Menstrual pain/cramps
- PMS
- Menstrual cycle  
irregularity
- Endometriosis
- Back pain with  
menstrual cycle

**Cardiovascular /  
Respiratory**

- Cold hands/feet
- Bruise easily
- Blood disorder
- Chest pain
- Shortness of breath
- High blood pressure
- Irregular heartbeat
- Heart problems
- Pneumonia
- Bronchitis
- Asthma
- Stroke

**Eyes / Ears / Nose /  
Throat**

- Vision problems
- Loss of smell
- Dental problems
- Sore throat
- Earache/ infection
- Hearing loss
- Ringing in ears
- Sinus congestion

- Menopause
- Breast pain / lumps
- Fibroids / cysts
- Infertility
- Miscarriage
- Difficult delivery of  
baby

**Gastro-Intestinal**

- Poor appetite
- Excessive thirst
- Frequent nausea
- Diarrhea
- Constipation
- Bloating/Gas
- Abdominal cramps
- Heartburn
- Liver problems
- Bladder problems
- Kidney problems
- Painful/excess  
urination

**General**

- Fatigue
- Irritability
- Allergies
- Poor sleep
- Poor balance
- Poor concentration
- High stress
- Weight loss
- Weight gain
- Fever
- Frequent colds

**Other**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I HERBY CERTIFY THAT THE STATEMENTS AND ANSWERS GIVEN ON THIS FORM ARE ACCURATE TO THE BEST OF MY KNOWLEDGE AND UNDERSTAND IT IS MY RESPONSIBILITY TO INFORM THE PRACTITIONERS OF ANY CHANGES IN MY HEALTH. I AGREE TO ALLOW KNOTS 'N' JOINTS WELLNESS CLINIC TO ASSESS ME FOR FURTHER EXAMINATION.

PATIENT NAME: \_\_\_\_\_

PATIENT SIGNATURE: \_\_\_\_\_

PRACTITIONER'S SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_